OUR REAL JUICY MENU

TROPICAL

MANGO MAGIC
Mango, banana, mango nectar, vanilla yoghurt & ice
orig 1760 kJ med 1360 kJ jnr 1070 kJ

BLUE HONOLULU
Mango, blue spirulina, banana, tropical juice, mango yoghurt, vanilla yoghurt & ice
orig 1560 kJ med 1340 kJ jnr 1030 kJ

GREEN TEA MANGO MANTRA†^
Mango, green tea ^, mango nectar, vanilla yoghurt, sorbet & ice + immunity booster^‡
orig 1810 kJ med 1410 kJ jnr 1160 kJ

TROPICAL CRUSH V
Mango, banana, tropical juice, sorbet & ice
orig 1070 kJ med 849 kJ jnr 666 kJ

PASSION MANGO
Mango, passionfruit, tropical juice, sorbet, mango yoghurt & ice
orig 1820 kJ med 1390 kJ jnr 1010 kJ

BANANA BUZZ
Banana, honey, low fat milk, vanilla yoghurt & ice
orig 1750 kJ med 1410 kJ jnr 1010 kJ

WATERMELON CRUSH V
Freshly juiced watermelon, tropical juice, sorbet & ice
orig 916 kJ med 736 kJ jnr 590 kJ

LYCHEE CRUSH V
Lychees, mango nectar, tropical juice, sorbet & ice
orig 1290 kJ med 966 kJ jnr 730 kJ

MANGO TANGO CRUSH V
Mango, passionfruit, mango nectar, tropical juice, sorbet & ice
orig 1370 kJ med 1100 kJ jnr 782 kJ

MANGO & CO V
Mango, passionfruit, banana, mango nectar, frozen coconut cream & ice
orig 2230 kJ med 1890 kJ jnr 1380 kJ

PALM PEACH CRUSH V
NEW
Mango, peach, mango nectar, tropical juice, sorbet & ice
orig 1450 kJ med 1170 kJ jnr 996 kJ

The average adult daily energy intake is 8700 kJ

CRAVE

KING WILLIAM CHOCOLATE
Chocolate powder, banana, low fat milk, vanilla yoghurt & ice
orig 1830 kJ med 1390 kJ jnr 1080 kJ

COOKIES & CREME
Chocolate biscuits, banana, low fat milk, vanilla yoghurt, sorbet & ice orig 2140 kJ med 1610 kJ jnr 1140 kJ

HONEYCOMB HEAVEN
Banana, honeycomb powder, low fat milk, vanilla yoghurt, sorbet & ice orig 2000 kJ med 1580 kJ jnr 1250 kJ

BANANAS FOR CHOC V
Chocolate powder, banana, soy mylk, coconut mylk, frozen coconut cream & ice
orig 2370 kJ med 1880 kJ jnr 1420 kJ

RASPBERRY RIPE
Chocolate powder, raspberries, coconut mylk, low fat milk, strawberry yoghurt, sorbet & ice orig 2000 kJ med 1570 kJ jnr 1100 kJ

COFFEE DREAM^
Coffee^, low fat milk, banana, chocolate powder, vanilla yoghurt, sorbet & ice
orig 1750 kJ med 1460 kJ jnr 1150 kJ

BREKKIE

BREKKIE TO GO-GO
Banana, muesli, honey, low fat milk, vanilla yoghurt & ice + energiser booster^
orig 2430 kJ med 1760 kJ jnr 1520 kJ

STRAWBREKKIE†
Strawberries, blueberries, banana, apple juice, strawberry yoghurt, oats, whey protein & ice
orig 1770 kJ med 1340 kJ jnr 960 kJ

MORNIN' MOCHA
Coffee^, low fat milk, banana, chocolate powder, oats, vanilla yoghurt, sorbet, whey protein & ice
orig 2070 kJ med 1500 kJ jnr 1160 kJ

FRESH JUICES

CREATE YOUR OWN FRESH JUICES V

CHOOSE YOUR BASES

Apple	Orange	Watermelon
Carrot	Pineapple	

THEN ADD YOUR INGREDIENTS

Açaí	Cucumber	Passionfruit
Banana	Ginger	Pink Dragon Fruit
Beetroot	Lemon	Raspberry
Blueberry	Mango	Spinach
Celery	Mint	Strawberry

IMMUNITY† (vit A & C) V
Watermelon, orange, strawberries & ice + immunity booster^ orig 621 kJ med 477 kJ jnr 360 kJ

MELON MOMENT V
Watermelon, pink dragon fruit, strawberries, apple & ice orig 854 kJ med 601 kJ jnr 462 kJ

GINGER ZING V
Ginger, orange, carrot, celery & ice
orig 707 kJ med 549 kJ jnr 433 kJ

ENERGISER† V
Orange, strawberries, banana & ice + energiser booster^ orig 995 kJ med 663 kJ jnr 502 kJ

MINT CONDITION V
Mint, apple, spinach, cucumber, celery & ice
orig 610 kJ med 447 kJ jnr 333 kJ

TWO & FIVE†°
Orange, apple, carrot, cucumber, celery, beetroot, spinach & ice + vita booster#
orig 710 kJ med 535 kJ jnr 405 kJ

V Suitable for vegans. Although products marked with this symbol are made using plant-based ingredients, there may be traces of animal products present due to potential cross contamination in store or during the external manufacturing process of the ingredients used in such products.† Boosters with this symbol & Whey Protein are not recommended for young children under 15 years, pregnant or lactating women. ^ Contains Caffeine. For full ingredients and nutritional information refer to boostjuice . com . au. # At least 10% of your RDI of essential vitamins and minerals. ‡ Contains vitamin A & C necessary for normal immune function as part of a healthy nutritious diet. ° Counts as a maximum of one serve only towards an individual's daily intake of fruits and vegetables. * For original size.

LEVEL UP

GYM JUNKIE†
Strawberries, banana, low fat milk, strawberry yoghurt, vanilla yoghurt, whey protein & ice (20.5 g of protein*)
orig 1630 kJ med 1170 kJ

WONDERMELON†
Strawberries, freshly juiced watermelon, strawberry yoghurt, whey protein & ice + superfruit booster (13.1 g of protein*)
orig 798 kJ med 651 kJ

ENERGY LIFT†
Mango, banana, tropical juice, mango yoghurt & ice + energiser booster^ (8.3 g of protein*)
orig 1740 kJ med 1350 kJ

SUPER AÇAÍ†
NEW
Açaí, strawberries, apple juice, strawberry yoghurt, ice + immunity booster^‡†
orig 1440 kJ med 1110 kJ

PROTEIN SUPREME†
Banana, muesli, dates, honey, coconut water, coconut mylk, whey protein, chia seeds, cinnamon & ice + immunity^‡ & vita booster# (29.1 g of protein*)
orig 2100 kJ med 1430 kJ

CHOC MUSCLE HUSTLE†
Chocolate powder, banana, oats, chia seeds, coconut water, coconut mylk, vanilla yoghurt, whey protein & ice (21.1 g of protein*)
orig 1890 kJ med 1500 kJ

POWER PLANT PROTEIN† V
Mango, passionfruit, banana, pineapple, spinach, dates, coconut water, coconut mylk, plant based protein & ice + all greens booster (11.4 g of protein*)
orig 1180 kJ med 938 kJ

PURE EDEN SMOOTHIE V
Pineapple, apple, banana, cucumber, spinach, lemon, mint, coconut water & ice + all greens booster
orig 712 kJ med 522 kJ

BERRY

ALL BERRY BANG
Strawberries, raspberries, blueberries, apple juice, strawberry yoghurt & ice
orig 1440 kJ med 1110 kJ jnr 861 kJ

BERRY CRUSH V
Raspberries, strawberries, blueberries, apple juice, sorbet & ice
orig 1160 kJ med 917 kJ jnr 730 kJ

PINK PARADISE
Pink dragon fruit, mango, mango nectar, strawberry yoghurt & ice
orig 1500 kJ med 1280 kJ jnr 965 kJ

STRAWBERRY SQUEEZE
Strawberries, banana, apple juice, strawberry yoghurt & ice
orig 1550 kJ med 1210 kJ jnr 891 kJ

AÇAÍ LYCHEE CRUSH V
NEW
Açaí, lychees, apple juice, tropical juice, sorbet & ice
orig 1370 kJ med 1110 kJ jnr 883 kJ

The average adult daily energy intake is 8700 kJ

BOOSTERS

Protein†/Plant Based† V
Immunity^‡† (vit A & C) V
Energiser^† V
Vita#†
All Greens V
Superfruit V

ADD ONS

Extra Fruit & Veg V
Açaí V **NEW**
Coconut Water V
Soy Mylk V
Oat Mylk V
Almond Mylk V

ORIGINAL SIZE 610ML

FACTS & FIGURES

Important to know on the go

		ORIGINAL 610 ML									PER 100 ML						
		Energy			Fat		Carbohydrate				Energy			Fat		Carbohydrate			
		Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium	Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium
TROPICAL	Banana Buzz	1750 kJ	419 Cal	16.4 g	5.1 g	3.2 g	75.0 g	64.2 g	1.9 g	239 mg	287 kJ	69 Cal	2.7 g	0.8 g	0.5 g	12.3 g	10.5 g	0.3 g	39 mg
TROPICAL	Blue Honolulu	1560 kJ	373 Cal	7.3 g	4.1 g	2.7 g	75.6 g	63.9 g	5.5 g	124 mg	256 kJ	61 Cal	1.2 g	0.7 g	0.4 g	12.4 g	10.5 g	0.9 g	20 mg
TROPICAL	Green Tea Mango Mantra†^	1810 kJ	433 Cal	5.3 g	2.9 g	1.8 g	96.9 g	86.8 g	2.3 g	81 mg	297 kJ	71 Cal	0.9 g	0.5 g	0.3 g	15.9 g	14.2 g	0.4 g	13 mg
TROPICAL	Lychee Crush	1290 kJ	308 Cal	2.1 g	0.4 g	0.2 g	74.5 g	69.7 g	1.1 g	18 mg	212 kJ	51 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.2 g	11.4 g	0.2 g	3 mg
TROPICAL	Mango & Co	2230 kJ	532 Cal	3.2 g	18.0 g	16.3 g	88.2 g	71.7 g	4.6 g	93 mg	365 kJ	87 Cal	0.5 g	3.0 g	2.7 g	14.5 g	11.8 g	0.8 g	15 mg
TROPICAL	Mango Magic	1760 kJ	420 Cal	7.7 g	4.8 g	3.2 g	86.0 g	75.7 g	2.5 g	139 mg	288 kJ	69 Cal	1.3 g	0.8 g	0.5 g	14.1 g	12.4 g	0.4 g	23 mg
TROPICAL	Mango Tango Crush	1370 kJ	326 Cal	3.0 g	0.6 g	0.3 g	75.9 g	68.6 g	6.1 g	21 mg	224 kJ	54 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.4 g	11.2 g	1.0 g	3 mg
TROPICAL	Palm Peach Crush	1450 kJ	347 Cal	3.0 g	0.5 g	0.3 g	83.1 g	69.5 g	3.4 g	18 mg	238 kJ	57 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	13.6 g	11.4 g	0.6 g	3 mg
TROPICAL	Passion Mango	1820 kJ	435 Cal	6.6 g	3.1 g	1.9 g	95.2 g	83.9 g	4.5 g	89 mg	299 kJ	71 Cal	1.1 g	0.5 g	0.3 g	15.6 g	13.7 g	0.7 g	15 mg
TROPICAL	Tropical Crush	1340 kJ	319 Cal	2.8 g	0.6 g	0.3 g	77.3 g	66.8 g	2.7 g	16 mg	219 kJ	52 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.7 g	11.0 g	0.4 g	3 mg
TROPICAL	Watermelon Crush	916 kJ	219 Cal	2.0 g	0.8 g	0.2 g	51.9 g	47.9 g	0.5 g	12 mg	150 kJ	36 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	8.5 g	7.9 g	LESS THAN 0.1 g	2 mg
BERRY	Açaí Lychee Crush	1370 kJ	328 Cal	2.5 g	3.2 g	0.9 g	70.7 g	66.3 g	1.7 g	27 mg	225 kJ	54 Cal	0.4 g	0.5 g	0.2 g	11.6 g	10.9 g	0.3 g	5 mg
BERRY	All Berry Bang	1440 kJ	344 Cal	7.1 g	4.7 g	3.1 g	71.4 g	65.4 g	1.1 g	149 mg	236 kJ	56 Cal	1.2 g	0.8 g	0.5 g	11.7 g	10.7 g	0.2 g	24 mg
BERRY	Berry Crush	1160 kJ	277 Cal	1.7 g	0.6 g	0.2 g	63.9 g	60.9 g	2.3 g	26 mg	190 kJ	45 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	10.5 g	10.0 g	0.4 g	4 mg
BERRY	Pink Paradise	1500 kJ	357 Cal	7.0 g	4.4 g	2.9 g	77..6 g	69.0 g	1.6 g	127 mg	245 kJ	59 Cal	1.2 g	0.7 g	0.5 g	12.7 g	11.3 g	0.3 g	21 mg
BERRY	Strawberry Squeeze	1550 kJ	371 Cal	7.4 g	4.8 g	3.1 g	77.5 g	70.1 g	1.6 g	150 mg	255 kJ	61 Cal	1.2 g	0.8 g	0.5 g	12.7 g	11.5 g	0.3 g	25 mg
CRAVE	Bananas For Choc	2370 kJ	566 Cal	11.3 g	23.1 g	16.9 g	75.6 g	56.5 g	6.2 g	316 mg	388 kJ	93 Cal	1.9 g	3.8 g	2.8 g	12.4 g	9.3 g	1.0 g	52 mg
CRAVE	Coffee Dream^	1750 kJ	418 Cal	16.1 g	4.3 g	2.7 g	77.2 g	69.3 g	2.7 g	253 mg	287 kJ	69 Cal	2.6 g	0.7 g	0.4 g	12.7 g	11.4 g	0.4 g	41 mg
CRAVE	Cookies & Creme	2140 kJ	510 Cal	15.8 g	9.1 g	4.9 g	90.9 g	74.3 g	0.6 g	342 mg	350 kJ	84 Cal	2.6 g	1.5 g	0.8 g	14.9 g	12.2 g	0.1 g	56 mg
CRAVE	Honeycomb Heaven	2000 kJ	477 Cal	16.7 g	6.6 g	5.3 g	83.0 g	72.4 g	1.0 g	250 mg	327 kJ	78 Cal	2.7 g	1.1 g	0.9 g	13.6 g	11.9 g	0.2 g	41 mg
CRAVE	King William Chocolate	1830 kJ	437 Cal	18.3 g	6.4 g	4.1 g	74.4 g	66.2 g	2.8 g	334 mg	300 kJ	72 Cal	3.0 g	1.0 g	0.7 g	12.2 g	10.8 g	0.5 g	55 mg
CRAVE	Raspberry Ripe	2000 kJ	478 Cal	15.3g	7.4g	4.7 g	88.3 g	81.2 g	4.4 g	295 mg	328 kJ	78 Cal	2.5 g	1.2 g	0.8 g	14.5 g	13.3 g	0.7 g	48 mg
BREKKIE	Brekkie to Go-Go†	2430 kJ	580 Cal	22.6 g	10.3 g	4.0 g	94.9 g	70.4 g	5.7 g	268 mg	398 kJ	95 Cal	3.7 g	1.7 g	0.7 g	15.6 g	11.5 g	0.9 g	44 mg
BREKKIE	Strawbrekkie†	1770 kJ	423 Cal	21.2 g	5.8 g	2.8 g	71.0 g	52.3 g	5.2 g	168 mg	290 kJ	69 Cal	3.5 g	0.9 g	0.5 g	11.6 g	8.6 g	0.8 g	28 mg
BREKKIE	Mornin' Mocha†^	2070 kJ	493 Cal	22.6 g	5.5 g	2.7 g	86.0 g	68.3 g	4.3 g	237 mg	339 kJ	81 Cal	3.7 g	0.9 g	0.4 g	14.1 g	11.2 g	0.7 g	39 mg
FRESH JUICES	Energiser †	995 kJ	238 Cal	3.8 g	0.8 g	LESS THAN 0.1 g	51.2 g	45.8 g	3.9 g	30 mg	163 kJ	39 Cal	0.6 g	0.1 g	0.0 g	8.4 g	7.5 g	0.6 g	5 mg
FRESH JUICES	Ginger Zing	707 kJ	169 Cal	3.7 g	0.6 g	LESS THAN 0.1 g	35.5 g	34.8 g	2.3 g	178 mg	116 kJ	28 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	5.8 g	5.7 g	0.4 g	29 mg
FRESH JUICES	Immunity† (vitA&C)	621 kJ	148 Cal	2.3 g	0.9 g	LESS THAN 0.1 g	31.1 g	30.9 g	2.4 g	20 mg	102 kJ	24 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	5.1 g	5.1 g	0.4 g	3 mg
FRESH JUICES	Mint Condition	610 kJ	146 Cal	2.0 g	0.3 g	LESS THAN 0.1 g	32.5 g	32.4 g	1.5 g	177 mg	100 kJ	24 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.3 g	5.3 g	0.2 g	29 mg
FRESH JUICES	Melon Moment	854 kJ	204 Cal	1.8 g	0.8 g	LESS THAN 0.1 g	45.8 g	45.1 g	1.7 g	29 mg	140 kJ	33 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.5 g	7.4 g	0.3 g	5 mg
FRESH JUICES	Two & Five†°	710 kJ	170 Cal	3.1 g	0.4 g	LESS THAN 0.1 g	36.3 g	35.7 g	2.9 g	187 mg	116 kJ	28 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	6.0 g	5.9 g	0.5 g	31 mg
LEVEL UP	Choc Muscle Hustle†	1890 kJ	451 Cal	21.1 g	7.8 g	4.0 g	70.4 g	54.2 g	6.4 g	297 mg	309 kJ	74 Cal	3.5 g	1.3 g	0.6 g	11.5 g	8.9 g	1.1 g	49 mg
LEVEL UP	Energy Lift†	1740 kJ	415 Cal	8.3 g	4.8 g	3.2 g	85.1 g	71.6 g	2.6 g	140 mg	285 kJ	68 Cal	1.4 g	0.8 g	0.5 g	13.9 g	11.7 g	0.4 g	23 mg
LEVEL UP	Gym Junkie†	1630 kJ	390 Cal	20.5 g	5.1 g	3.2 g	64.7 g	54.2 g	2.6 g	246 mg	267 kJ	64 Cal	3.4 g	0.8 g	0.5 g	10.6 g	8.9 g	0.4 g	40 mg
LEVEL UP	Power Plant Protein†	1180 kJ	281 Cal	11.4 g	1.8 g	0.6 g	49.6 g	38.1 g	7.6 g	219 mg	193 kJ	46 Cal	1.9 g	0.3 g	0.1 g	8.1 g	6.3 g	1.2 g	36 mg
LEVEL UP	Protein Supreme†	2100 kJ	502 Cal	29.1 g	10.6 g	2.5 g	66.4 g	40.5 g	11.2 g	228 mg	344 kJ	882 Cal	4.8 g	1.7 g	0.4 g	10.9 g	6.6 g	1.8 g	37 mg
LEVEL UP	Pure Eden Super Smoothie	712 kJ	170 Cal	2.8 g	0.5 g	LESS THAN 0.1 g	35.5 g	29.2 g	6.0 g	80 mg	117 kJ	28 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.8 g	4.8 g	1.0 g	13 mg
LEVEL UP	Super Açaí†	1440 kJ	345 Cal	5.9 g	7.8 g	3.3 g	63.1 g	58.3 g	3.1 g	116 mg	237 kJ	57 Cal	1.0 g	1.3 g	0.5 g	10.3 g	9.6 g	0.5 g	19 mg
LEVEL UP	Wondermelon†	798 kJ	191 Cal	13.1 g	2.3 g	1.0 g	27.3 g	24.8 g	6.9 g	92 mg	131 kJ	31 Cal	2.1 g	0.4 g	0.2 g	4.5 g	4.1 g	1.1 g	15 mg

ALLERGENS

V = Vegan
Y = Allergen is present
N = Allergen is not present

		Vegan	Milk	Egg	Cereals containing gluten - Wheat	Cereals containing gluten - Oats	Cereals containing gluten - Barley	Cereals containing gluten - Rye	Lupin	Sesame	Peanut	Soy	Fish	Molluscs	Crustacean	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Pine Nut	Sulphites	Caffine	Vegetarian
TROPICAL	Banana Buzz	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Blue Honolulu	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Green Tea Mango Mantra†^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
TROPICAL	Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango & Co	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Magic	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Tango Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Palm Peach Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Passion Mango	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Tropical Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Watermelon Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Açaí Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	All Berry Bang	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Berry Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Lychee Charm	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Pink Paradise	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Strawberry Squeeze	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Bananas For Choc	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	Y
CRAVE	Coffee Dream^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
CRAVE	Cookies & Crème	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Honeycomb Heaven	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	King William Chocolate	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Raspberry Ripe	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	Y
BREKKIE	Brekkie to Go-Go†	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	Y
BREKKIE	Strawbrekkie†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BREKKIE	Mornin' Mocha	N	Y	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Choc Muscle Hustle†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	Y
LEVEL UP	Energy Lift†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Gym Junkie†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Power Plant Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	Y
LEVEL UP	Protein Supreme†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y	Y
LEVEL UP	Pure Eden Super Smoothie	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Super Açaí†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Wondermelon†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Energiser†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
FRESH JUICES	Ginger Zing	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Immunity† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
FRESH JUICES	Mint Condition	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Melon Moment	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Two & Five†°	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	All Greens	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Energiser^†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
BOOSTERS	Immunity^† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
BOOSTERS	Plant Based Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Protein†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Superfruit	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Vita†#	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Blue Spirulina *(n/a as a booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Green Tea^ *(n/a as a Booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
BOOSTERS	Chia Seeds	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Almond Mylk	V	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Coconut Water	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Extra Fruit & Veg	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Oat Mylk	V	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Soy Mylk	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y

***If you have an allergy to a specific product, please alert your Boost store, and Boost will endeavour to provide an allergen-free product for you. Boost however, cannot guarantee that any products (including those marked "N" for "NO" in the above table) will be free from traces of these allergens due to potential cross contamination that may occur in store or during the external manufacturing process of any ingredient utilised in a product.**

Boost Juice is not a nut or gluten free environment. Whilst we take our greatest care in preparing all products to prevent cross contamination, we do use the same store environment to make all drinks. Boost Juice products may contain traces of cereals containing gluten including wheat, oats, barley and rye and egg, milk, peanuts, sesame, sulphites, soy, sulphites, lupin, almond, brazil nut, cashew, macadamia, pecan, pistachio, walnut and pine nut. Our whey protein does not contain cereals containing gluten. Soy mylk does not contain cereals containing gluten and does not contain milk and lactose. Our frozen yoghurts and frozen coconut cream do not contain cereals containing gluten; however, our Boost sorbet products contain cereals containing gluten – Wheat. Our frozen coconut cream contains soy. Our frozen yoghurts contain milk. Coconut Mylk contains sulphites. † Boosters with this symbol, Whey Protein and ^ Caffeine is not recommended for young children under 15 years, pregnant or lactating women. # At least 10% of your RDI of essential vitamins and minerals. ‡ Contains vitamin A & C necessary for normal immune function as part of a healthy nutritious diet. ° Counts as a maximum of one serve only towards an individual's daily intake of fruits and vegetables. * For original size. Suitable for vegans. Although products marked with this symbol are made using plant-based ingredients, there may be traces of animal products present due to potential cross contamination in store or during the external manufacturing process of the ingredients used in such products. Our kids' collectable cups are 250 mL, and our metal reusable cups are 610mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. Please note that some products may not be available in all stores. The nutrition and allergen information are based on low fat milk for drinks displayed with the low-fat milk or soy option. Wherever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop. For the full ingredients and nutritional information and the most up-to-date ingredient listing please refer to our website https://www.boostjuice.com.au/.

MEDIUM SIZE 450ML

FACTS & FIGURES

Important to know on the go

		MEDIUM 450 ML									PER 100 ML								
		Energy			Fat		Carbohydrate				Energy			Fat		Carbohydrate			
		Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium	Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium
TROPICAL	Banana Buzz	1410 kJ	337 Cal	13.1 g	4.1 g	2.6 g	60.4 g	52.3 g	1.3 g	193 mg	313 kJ	75 Cal	2.9 g	0.9 g	0.6 g	13.4 g	11.6 g	0.3 g	43 mg
TROPICAL	Blue Honolulu	1340 kJ	319 Cal	6.2 g	3.5 g	2.3 g	65.1 g	54.9 g	4.3 g	105 mg	297 kJ	71 Cal	1.4 g	0.8 g	0.5 g	14.5 g	12.2 g	1.0 g	23 mg
TROPICAL	Green Tea Mango Mantra†^	1410 kJ	337 Cal	4.5 g	2.5 g	1.6 g	74.2 g	66.1 g	1.88 g	70 mg	313 kJ	75 Cal	1.0 g	0.6 g	0.4 g	16.5 g	14.7 g	0.4 g	16 mg
TROPICAL	Lychee Crush	966 kJ	231 Cal	1.6 g	0.3 g	0.2 g	56.0 g	52.0 g	0.9 g	14 mg	215 kJ	51 Cal	0.4 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.4 g	11.6 g	0.2 g	3 mg
TROPICAL	Mango & Co	1890 kJ	451 Cal	2.8 g	15.0 g	13.6 g	75.3 g	61.1 g	3.7 g	77 mg	419 kJ	100 Cal	2.8 g	15.0 g	13.6 g	75.3 g	61.1 g	3.7 g	77 mg
TROPICAL	Mango Magic	1360 kJ	325 Cal	6.1 g	3.8 g	2.5 g	66.1 g	57.8 g	2.0 g	110 mg	302 kJ	72 Cal	1.4 g	0.8 g	0.6 g	14.7 g	12.8 g	0.4 g	24 mg
TROPICAL	Mango Tango Crush	1100 kJ	262 Cal	2.3 g	0.5 g	0.2 g	61.4 g	55.4 g	4.5 g	16 mg	243 kJ	58 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	13.6 g	12.3 g	1.0 g	4 mg
TROPICAL	Palm Peach Crush	1170 kJ	280 Cal	2.3 g	0.4 g	0.2 g	67.3 g	56.8 g	2.7 g	15 mg	261 kJ	62 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	14.9 g	12.6 g	0.6 g	3 mg
TROPICAL	Passion Mango	1390 kJ	333 Cal	5.2 g	2.5 g	1.6 g	72.3 g	63.7 g	3.4 g	72 mg	310 kJ	74 Cal	1.2 g	0.6 g	0.4 g	16.1 g	14.2 g	0.7 g	16 mg
TROPICAL	Tropical Crush	1070 kJ	256Cal	2.3 g	0.4 g	0.2 g	61.9 g	53.5 g	2.2 g	13 mg	238 kJ	57 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	13.8 g	11.9 g	0.5 g	3 mg
TROPICAL	Watermelon Crush	736 kJ	176 Cal	1.6 g	0.6 g	0.2 g	41.7 g	38.5 g	0.4 g	9 mg	164 kJ	39 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	9.3 g	8.6 g	LESS THAN 0.1 g	2 mg
BERRY	Açaí Lychee Crush	1110 kJ	266 Cal	2.0 g	2.6 g	0.7 g	57.5 g	53.8 g	1.4 g	23 mg	248 kJ	59 Cal	0.4 g	0.6 g	0.2 g	12.8 g	12.0 g	0.3 g	5 mg
BERRY	All Berry Bang	1110 kJ	262 Cal	5.6 g	3.7 g	2.5 g	54.3 g	49.5 g	0.8 g	116 mg	244 kJ	58 Cal	1.2 g	0.8 g	0.6 g	12.1 g	11.0 g	0.2 g	26 mg
BERRY	Berry Crush	917 kJ	219 Cal	1.2 g	0.4 g	0.2 g	50.8 g	48.5 g	1.4 g	21 mg	204 kJ	49 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	11.3 g	10.8 g	0.3 g	5 mg
BERRY	Pink Paradise	1280 kJ	307 Cal	5.8g	3.6 g	2.3 g	67.2 g	59.9 g	1.5 g	103 mg	285 kJ	68 Cal	1.3 g	0.8 g	0.5 g	14.9 g	13.3 g	0.3 g	23 mg
BERRY	Strawberry Squeeze	1210 kJ	290 Cal	5.9 g	3.8 g	2.5 g	60.3 g	54.2 g	1.3 g	118 mg	270 kJ	64 Cal	1.3 g	0.8 g	0.5 g	13.4 g	12.0 g	0.3 g	26 mg
CRAVE	Bananas For Choc	1880 kJ	450 Cal	8.5 g	18.8 g	14.0 g	59.7 g	44.3 g	4.7 g	237 mg	418 kJ	100 Cal	1.9 g	4.2 g	3.1 g	13.3 g	9.8 g	1.0 g	53 mg
CRAVE	Coffee Dream^	1460 kJ	350 Cal	14.0 g	4.2 g	2.7 g	62.4 g	55.4 g	2.1 g	226 mg	325 kJ	78 Cal	3.1 g	0.9 g	0.6 g	13.9 g	12.3 g	0.5 g	50 mg
CRAVE	Cookies & Creme	1610 kJ	384 Cal	11.9 g	6.6 g	3.5 g	68.9 g	56.7 g	0.6 g	246 mg	357 kJ	85 Cal	2.7 g	1.5 g	0.8 g	15.3 g	12.6 g	0.1 g	55 mg
CRAVE	Honeycomb Heaven	1580 kJ	378 Cal	14.1 g	5.4 g	4.3 g	64.6 g	56.8 g	0.6 g	213 mg	351 kJ	84 Cal	3.1 g	1.2 g	1.0 g	14.4 g	12.6 g	0.1 g	47 mg
CRAVE	King William Chocolate	1390 kJ	333 Cal	13.6 g	4.9 g	3.1 g	56.9 g	50.2 g	2.0 g	245 mg	309 kJ	74 Cal	3.0 g	1.1 g	0.7 g	12.6 g	11.2 g	0.5 g	55 mg
CRAVE	Raspberry Ripe	1570 kJ	374 Cal	12.7 g	5.6g	3.6 g	69.1 g	63.5 g	3.2 g	237 mg	348 kJ	83 Cal	2.8 g	1.2 g	0.8 g	15.4 g	14.1 g	0.7 g	53 mg
BREKKIE	Brekkie to Go-Go†	1760 kJ	419 Cal	16.4 g	7.4 g	2.8 g	68.4 g	49.9 g	4.4 g	191 mg	390 kJ	93 Cal	3.7 g	1.7 g	0.6 g	15.2 g	11.1 g	1.0 g	42 mg
BREKKIE	Strawbrekkie†	1340 kJ	321 Cal	16.6 g	4.5 g	2.0 g	52.8 g	37.1 g	4.3 g	121 mg	299 kJ	71 Cal	3.7 g	1.0 g	0.4 g	11.7 g	8.2 g	1.0 g	27 mg
BREKKIE	Mornin' Mocha†^	1500 kJ	359 Cal	16.2 g	4.1 g	2.1 g	63.0 g	51.3 g	2.7 g	185 mg	334 kJ	80 Cal	3.6 g	0.9 g	0.5 g	14.0 g	11.4 g	0.6 g	41 mg
FRESH JUICES	Energiser †	663 kJ	158 Cal	2.5 g	0.5 g	LESS THAN 0.1 g	34.2 g	31.3 g	2.4 g	22 mg	147 kJ	35 Cal	0.6 g	0.1 g	0.0 g	7.6 g	7.0 g	0.5 g	5 mg
FRESH JUICES	Ginger Zing	549 kJ	131 Cal	2.8 g	0.5 g	LESS THAN 0.1 g	27.7 g	27.1 g	1.7 g	129 mg	122 kJ	29 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	6.2 g	6.0 g	0.4 g	29 mg
FRESH JUICES	Immunity† (vitA&C)	477 kJ	114 Cal	1.8 g	0.7 g	LESS THAN 0.1 g	23.9 g	23.8 g	1.8 g	15 mg	106 kJ	25 Cal	0.4 g	0.2 g	LESS THAN 0.1 g	5.3 g	5.3 g	0.4 g	3 mg
FRESH JUICES	Mint Condition	447 kJ	107 Cal	1.4 g	0.2 g	LESS THAN 0.1 g	23.9 g	23.9 g	1.1 g	129 mg	99 kJ	24 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.3 g	5.3 g	0.2 g	29 mg
FRESH JUICES	Melon Moment	601 kJ	144 Cal	1.3 g	0.5 g	LESS THAN 0.1 g	32.1 g	31.5 g	1.4 g	21 mg	134 kJ	32 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.1 g	7.0 g	0.3 g	5 mg
FRESH JUICES	Two & Five†°	535 kJ	128 Cal	2.3 g	0.3 g	LESS THAN 0.1 g	27.5 g	27.0 g	2.1 g	151 mg	119 kJ	28 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	6.1 g	6.0 g	0.5 g	34 mg
LEVEL UP	Choc Muscle Hustle†	1500 kJ	357 Cal	16.8 g	6.3 g	3.2 g	55.4 g	42.3g	5.2 g	225 mg	332 kJ	79 Cal	3.7 g	1.4 g	0.7 g	12.3 g	9.4 g	1.2 g	50 mg
LEVEL UP	Energy Lift†	1350 kJ	322 Cal	6.5 g	3.8 g	2.5 g	65.5 g	54.9 g	2.0 g	110 mg	300 kJ	72 Cal	1.5 g	0.8 g	0.6 g	14.6 g	12.2 g	0.4 g	25 mg
LEVEL UP	Gym Junkie†	1170 kJ	279 Cal	14.0 g	3.7 g	2.3 g	46.9 g	39.4 g	1.7 g	177 mg	260 kJ	62 Cal	3.1 g	0.8 g	0.5 g	10.4 g	8.8 g	0.4 g	39 mg
LEVEL UP	Power Plant Protein†	938 kJ	224 Cal	7.9 g	1.5 g	0.6 g	40.7 g	31.8 g	5.8 g	162 mg	208 kJ	50 Cal	1.8 g	0.3 g	0.1 g	9.0 g	7.1 g	1.3 g	36 mg
LEVEL UP	Protein Supreme†	1430 kJ	340 Cal	20.3 g	6.1 g	1.8 g	47.1 g	31.7 g	6.88 g	183 mg	317 kJ	76 Cal	4.5 g	1.4 g	0.4 g	10.5 g	7.0 g	1.5 g	41 mg
LEVEL UP	Pure Eden Super Smoothie	522 kJ	125 Cal	2.0 g	0.4 g	LESS THAN 0.1 g	26.0 g	21.6 g	4.5 g	59 mg	116 kJ	28 Cal	0.4 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.8 g	4.8 g	1.0 g	13 mg
LEVEL UP	Super Açaí†	1110 kJ	266 Cal	4.2 g	6.0 g	2.4 g	48.4 g	45.0 g	2.7 g	83 mg	248 kJ	59 Cal	0.9 g	1.3 g	0.5 g	10.8 g	10.0 g	0.6 g	18 mg
LEVEL UP	Wondermelon†	651 kJ	156 Cal	10.2 g	1.9 g	0.9 g	23.0 g	21.0 g	4.9 g	75 mg	145 kJ	35 Cal	2.3 g	0.4 g	0.2 g	5.1 g	4.7 g	1.1 g	17 mg

ALLERGENS

V = Vegan
Y = Allergen is present
N = Allergen is not present

		Vegan	Milk	Egg	Cereals containing gluten - Wheat	Cereals containing gluten - Oats	Cereals containing gluten - Barley	Cereals containing gluten - Rye	Lupin	Sesame	Peanut	Soy	Fish	Molluscs	Crustacean	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Pine Nut	Sulphites	Caffine	Vegetarian
TROPICAL	Banana Buzz	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Blue Honolulu	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Green Tea Mango Mantra†^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
TROPICAL	Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango & Co	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Magic	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Tango Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Palm Peach Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Passion Mango	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Tropical Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Watermelon Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Açaí Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	All Berry Bang	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Berry Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Lychee Charm	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Pink Paradise	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Strawberry Squeeze	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Bananas For Choc	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
CRAVE	Coffee Dream^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
CRAVE	Cookies & Crème	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Honeycomb Heaven	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	King William Chocolate	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Raspberry Ripe	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
BREKKIE	Brekkie to Go-Go†	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
BREKKIE	Strawbrekkie†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BREKKIE	Mornin' Mocha	N	Y	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Choc Muscle Hustle†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
LEVEL UP	Energy Lift†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
LEVEL UP	Gym Junkie†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Power Plant Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
LEVEL UP	Protein Supreme†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Pure Eden Super Smoothie	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Super Açaí†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
LEVEL UP	Wondermelon†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Energiser†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
FRESH JUICES	Ginger Zing	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Immunity† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
FRESH JUICES	Mint Condition	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Melon Moment	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Two & Five†°	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	All Greens	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Energiser^†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Immunity^† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Plant Based Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Protein†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Superfruit	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Vita†#	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Blue Spirulina *(n/a as a booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Green Tea^ *(n/a as a Booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Chia Seeds	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Almond Mylk	V	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Coconut Water	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Extra Fruit & Veg	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Oat Mylk	V	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Soy Mylk	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y

***If you have an allergy to a specific product, please alert your Boost store, and Boost will endeavour to provide an allergen-free product for you. Boost however, cannot guarantee that any products (including those marked "N" for "No" in the above table) will be free from traces of these allergens due to potential cross contamination that may occur in store or during the external manufacturing process of any ingredient utilised in a product.**

Boost Juice is not a nut or gluten free environment. Whilst we take our greatest care in preparing all products to prevent cross contamination, we do use the same store environment to make all drinks. Boost Juice products may contain traces of cereals containing gluten including wheat, oats, barley and rye and egg, milk, peanuts, sesame, sulphites, soy, sulphites, lupin, almond, brazil nut, cashew, macadamia, pecan, pistachio, walnut and pine nut. Our whey protein does not contain cereals containing gluten. Soy mylk does not contain cereals containing gluten and does not contain milk and lactose. Our frozen yoghurts and frozen coconut cream do not contain cereals containing gluten; however, our Boost sorbet products contain cereals containing gluten – Wheat. Our frozen coconut cream contains soy. Our frozen yoghurts contain milk. Coconut Mylk contains sulphites. † Boosters with this symbol, Whey Protein and ^ Caffeine is not recommended for young children under 15 years, pregnant or lactating women. # At least 10% of your RDI of essential vitamins and minerals. ‡ Contains vitamin A & C necessary for normal immune function as part of a healthy nutritious diet. º Counts as a maximum of one serve only towards an individual's daily intake of fruits and vegetables. * For original size. Suitable for vegans. Although products marked with this symbol are made using plant-based ingredients, there may be traces of animal products present due to potential cross contamination in store or during the external manufacturing process of the ingredients used in such products. Our kids' collectable cups are 250 mL, and our metal reusable cups are 610mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. Please note that some products may not be available in all stores. The nutrition and allergen information are based on low fat milk for drinks displayed with the low-fat milk or soy option. Wherever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop. For the full ingredients and nutritional information and the most up-to-date ingredient listing please refer to our website https://www.boostjuice.com.au/.

JUNIOR SIZE 350ML

FACTS & FIGURES

Important to know on the go

		JUNIOR 350 ML									PER 100 ML								
		Energy			Fat		Carbohydrate				Energy			Fat		Carbohydrate			
		Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium	Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium
TROPICAL	Banana Buzz	1010 kJ	242 Cal	10.0 g	3.0 g	1.9 g	42.8 g	36.9 g	1.0 g	146 mg	290 kJ	69 Cal	2.9 g	0.9 g	0.5 g	12.2 g	10.5 g	0.3 g	42 mg
TROPICAL	Blue Honolulu	1030 kJ	245 Cal	4.7 g	2.6 g	1.7 g	50.2 g	42.4 g	3.3 g	79 mg	294 kJ	70 Cal	1.4 g	0.7 g	0.5 g	14.4 g	12.1 g	0.9 g	23 mg
TROPICAL	Green Tea Mango Mantra†^	1160 kJ	277 Cal	3.8 g	2.2 g	1.4 g	60.5 g	53.7 g	1.7 g	62 mg	331 kJ	79 Cal	1.1 g	0.6 g	0.4 g	17.3 g	15.4 g	0.5 g	18 mg
TROPICAL	Lychee Crush	730 kJ	174 Cal	1.2 g	0.2 g	0.1 g	42.4 g	39.4 g	0.7 g	11 mg	209 kJ	50 Cal	0.4 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.1 g	11.2 g	0.2 g	3 mg
TROPICAL	Mango & Co	1380 kJ	330 Cal	2.2 g	9.7 g	8.7 g	57.7 g	47.1 g	3.3 g	52 mg	394 kJ	94 Cal	0.6 g	2.8 g	2.5 g	16.5 g	13.5 g	0.9 g	15 mg
TROPICAL	Mango Magic	1070 kJ	255 Cal	4.6 g	2.9 g	1.9 g	52.4 g	45.9 g	1.7 g	82 mg	305 kJ	73 Cal	1.3 g	0.8 g	0.5 g	15.0 g	13.1 g	0.5 g	24 mg
TROPICAL	Mango Tango Crush	782 kJ	187 Cal	1.5 g	0.3 g	0.2 g	44.5 g	40.5 g	2.4 g	11 mg	224 kJ	53 Cal	0.4 g	LESS THAN 0.1 g	LESS THAN 0.1 g	12.7 g	11.6 g	0.7 g	3 mg
TROPICAL	Palm Peach Crush	996 kJ	238 Cal	2.0 g	0.4 g	0.2 g	57.2 g	48.8 g	2.1 g	13 mg	284 kJ	68 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	16.4 g	14.0 g	0.6 g	4 mg
TROPICAL	Passion Mango	1010 kJ	242 Cal	3.9 g	2.0 g	1.3 g	52.1 g	45.7 g	2.4 g	56 mg	290 kJ	69 Cal	1.1 g	0.6 g	0.4 g	14.9 g	13.1 g	0.7 g	16 mg
TROPICAL	Tropical Crush	849 kJ	203 Cal	1.8 g	0.4 g	0.2 g	48.9 g	42.2 g	1.7 g	10 mg	243 kJ	58 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	14.0 g	12.0 g	0.5 g	3 mg
TROPICAL	Watermelon Crush	590 kJ	141 Cal	1.3 g	0.5 g	0.1 g	33.6 g	30.9 g	0.3 g	7 mg	169 kJ	40 Cal	0.4 g	0.1 g	LESS THAN 0.1 g	9.6 g	8.8 g	LESS THAN 0.1 g	2 mg
BERRY	Açaí Lychee Crush	883 kJ	211 Cal	1.6 g	2.3 g	0.7 g	45.0 g	42.2 g	1.2 g	18 mg	252 kJ	60 Cal	0.5 g	0.7 g	0.2 g	12.9 g	12.0 g	0.3 g	5 mg
BERRY	All Berry Bang	861 kJ	206 Cal	4.2 g	2.8 g	1.8 g	42.7 g	39.2 g	0.7 g	88 mg	246 kJ	59 Cal	1.2 g	0.8 g	0.5 g	12.2 g	11.2 g	0.2 g	25 mg
BERRY	Berry Crush	730 kJ	174 Cal	1.1 g	0.4 g	0.2 g	40.3 g	38.3 g	1.4 g	16 mg	209 kJ	50 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	11.5 g	10.9 g	0.4 g	4 mg
BERRY	Pink Paradise	965 kJ	230 Cal	4.1 g	2.5 g	1.6 g	51.0g	45.8 g	1.1 g	72 mg	276 kJ	66 Cal	1.2 g	0.7 g	0.5 g	14.6 g	13.1 g	0.3 g	21 mg
BERRY	Strawberry Squeeze	891 kJ	213 Cal	4.4 g	2.8 g	1.8 g	44.2 g	39.4 g	1.0 g	87 mg	255 kJ	61 Cal	1.3 g	0.8 g	0.5 g	12.6 g	11.2 g	0.3 g	25 mg
CRAVE	Bananas For Choc	1420 kJ	340 Cal	6.8 g	14.0 g	10.3 g	45.0 g	33.5 g	3.6 g	188 mg	406 kJ	97 Cal	1.9 g	4.0 g	2.9 g	12.9 g	9.6 g	1.0 g	54 mg
CRAVE	Coffee Dream^	1150 kJ	275 Cal	11.2 g	3.3 g	2.1 g	49.0 g	43.2 g	1.6 g	175 mg	329 kJ	79 Cal	3.2 g	0.9 g	0.6 g	14.0 g	12.3 g	0.5 g	50 mg
CRAVE	Cookies & Creme	1140 kJ	274 Cal	9.6 g	4.1 g	2.3 g	49.3 g	41.4 g	0.6 g	172 mg	327 kJ	78 Cal	2.8 g	1.2 g	0.6 g	14.1 g	11.8 g	0.2 g	49 mg
CRAVE	Honeycomb Heaven	1250 kJ	300 Cal	11.4 g	4.2 g	3.4 g	51.1 g	44.8 g	0.5 g	171 mg	358 kJ	86 Cal	3.3 g	1.2 g	1.0 g	14.6 g	12.8 g	0.2 g	49 mg
CRAVE	King William Chocolate	1080 kJ	259 Cal	10.9 g	3.7 g	2.3 g	44.2 g	38.9 g	1.7 g	191 mg	309 kJ	74 Cal	3.1 g	1.1 g	0.7 g	12.6 g	11.1 g	0.5 g	55 mg
CRAVE	Raspberry Ripe	1100 kJ	262 Cal	9.2 g	3.8 g	2.4 g	48.9 g	44.8 g	2.0 g	170 mg	313 kJ	75 Cal	2.6 g	1.1 g	0.7 g	14.0 g	12.8 g	0.6 g	49 mg
BREKKIE	Brekkie to Go-Go†	1520 kJ	364 Cal	14.2 g	6.9 g	2.5 g	58.2 g	40.5 g	4.3 g	1588 mg	435 kJ	104 Cal	4.1 g	2.0 g	0.7 g	16.6 g	11.6 g	1.2 g	45 mg
BREKKIE	Strawbrekkie†	960 kJ	229 Cal	11.9 g	3.0 g	1.5 g	38.3 g	28.9 g	2.5 g	93 mg	274 kJ	66 Cal	3.4 g	0.9 g	0.4 g	10.9 g	8.3 g	0.7 g	27 mg
BREKKIE	Mornin' Mocha†^	1160 kJ	278 Cal	12.5 g	3.2 g	1.7 g	48.4 g	39.0 g	2.2 g	152 mg	332 kJ	79 Cal	3.6 g	0.9 g	0.5 g	13.8 g	11.1 g	0.6 g	44 mg
FRESH JUICES	Energiser †	502 kJ	120 Cal	1.9 g	0.4 g	LESS THAN 0.1 g	25.9 g	24.0 g	1.8 g	17 mg	143 kJ	34 Cal	0.5 g	0.1 g	0.0 g	7.4 g	6.9 g	0.5 g	5 mg
FRESH JUICES	Ginger Zing	433 kJ	103 Cal	2.2 g	0.4 g	LESS THAN 0.1 g	21.7 g	21.3 g	1.4 g	106 mg	124 kJ	30 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	6.2 g	6.1 g	0.4 g	30 mg
FRESH JUICES	Immunity† (vitA&C)	360 kJ	86 Cal	1.3 g	0.5 g	LESS THAN 0.1 g	18.2 g	18.1 g	1.1 g	12 mg	143 kJ	34 Cal	0.5 g	0.1 g	0.0 g	7.4 g	6.9 g	0.5 g	5 mg
FRESH JUICES	Mint Condition	333 kJ	80 Cal	1.0 g	0.1 g	LESS THAN 0.1 g	17.9 g	17.9 g	0.7 g	94 mg	95 kJ	23 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.1 g	5.1 g	0.2 g	27 mg
FRESH JUICES	Melon Moment	462 kJ	110 Cal	1.0 g	0.4 g	LESS THAN 0.1 g	24.7 g	24.2 g	1.1 g	16 mg	132 kJ	32 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.1 g	6.9 g	0.3 g	5 mg
FRESH JUICES	Two & Five†°	405 kJ	97 Cal	1.8 g	0.3 g	LESS THAN 0.1 g	20.6 g	20.2 g	1.7 g	128 mg	116 kJ	28 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.9 g	5.8 g	0.5 g	37 mg
LEVEL UP	Choc Muscle Hustle†	1190 kJ	285 Cal	13.1 g	5.2g	2.5 g	43.9 g	33.0 g	4.4 g	179 mg	340kJ	81 Cal	3.8 g	1.5 g	0.7 g	12.5 g	9.4 g	1.3 g	51 mg
LEVEL UP	Energy Lift†	1080 kJ	259 Cal	5.3 g	3.1 g	2.0 g	52.7 g	44.0 g	1.7 g	88 mg	1080 kJ	259 Cal	5.3 g	3.1 g	2.0 g	52.7 g	44.0 g	1.7 g	88 mg
LEVEL UP	Gym Junkie†	890 kJ	213 Cal	11.3 g	2.8 g	1.7 g	35.1 g	29.6 g	1.2 g	139 mg	890 kJ	213 Cal	11.3 g	2.8 g	1.7 g	35.1 g	29.6 g	1.2 g	139 mg
LEVEL UP	Power Plant Protein†	664 kJ	159 Cal	5.8 g	1.1 g	0.4 g	28.9 g	22.4 g	3.7 g	127 mg	190 kJ	45 Cal	1.7 g	0.3 g	0.1 g	8.3 g	6.4 g	1.1 g	36 mg
LEVEL UP	Protein Supreme†	937 kJ	224 Cal	13.4 g	4.0 g	1.1 g	30.8 g	21.5 g	4.6 g	121 mg	937 kJ	224 Cal	13.4 g	4.0 g	1.1 g	30.8 g	21.5 g	4.6 g	121 mg
LEVEL UP	Pure Eden Super Smoothie	437 kJ	104 Cal	1.6 g	0.3 g	LESS THAN 0.1 g	21.9 g	17.7 g	3.5 g	50 mg	125 kJ	30 Cal	0.5 g	LESS THAN 0.1 g	LESS THAN 0.1 g	6.3 g	5.1 g	1.0 g	14 mg
LEVEL UP	Super Açaí†	925 kJ	221 Cal	3.4 g	5.1 g	2.0 g	40.0 g	37.3 g	2.2 g	67 mg	264 kJ	63 Cal	1.0 g	1.5 g	0.6 g	11.4 g	10.7 g	0.6 g	19 mg
LEVEL UP	Wondermelon†	475 kJ	113 Cal	7.0 g	1.4 g	0.7 g	17.4 g	16.1 g	2.8 g	52 mg	475 kJ	113 Cal	7.0 g	1.4 g	0.7 g	17.4 g	16.1 g	2.8 g	52 mg

ALLERGENS

V = Vegan
Y = Allergen is present
N = Allergen is not present

		Vegan	Milk	Egg	Cereals containing gluten - Wheat	Cereals containing gluten - Oats	Cereals containing gluten - Barley	Cereals containing gluten - Rye	Lupin	Sesame	Peanut	Soy	Fish	Molluscs	Crustacean	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Pine Nut	Sulphites	Caffine	Vegetarian
TROPICAL	Banana Buzz	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Blue Honolulu	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Green Tea Mango Mantra†^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
TROPICAL	Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango & Co	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Magic	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Tango Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Palm Peach Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Passion Mango	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Tropical Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Watermelon Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Açaí Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	All Berry Bang	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Berry Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Lychee Charm	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Pink Paradise	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Strawberry Squeeze	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Bananas For Choc	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
CRAVE	Coffee Dream^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
CRAVE	Cookies & Crème	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Honeycomb Heaven	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	King William Chocolate	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Raspberry Ripe	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
BREKKIE	Brekkie to Go-Go†	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
BREKKIE	Strawbrekkie†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BREKKIE	Mornin' Mocha†	N	Y	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Choc Muscle Hustle†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
LEVEL UP	Energy Lift†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
LEVEL UP	Gym Junkie†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Power Plant Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
LEVEL UP	Protein Supreme†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Pure Eden Super Smoothie	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Super Açaí†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
LEVEL UP	Wondermelon†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Energiser†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
FRESH JUICES	Ginger Zing	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Immunity† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
FRESH JUICES	Mint Condition	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Melon Moment	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Two & Five†°	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	All Greens	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Energiser^†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Immunity^† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Plant Based Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Protein†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Superfruit	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Vita†#	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Blue Spirulina *(n/a as a booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Green Tea^ *(n/a as a Booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Chia Seeds	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Almond Mylk	V	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Coconut Water	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Extra Fruit & Veg	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Oat Mylk	V	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Soy Mylk	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y

***If you have an allergy to a specific product, please alert your Boost store, and Boost will endeavour to provide an allergen-free product for you. Boost however, cannot guarantee that any products (including those marked "N" for "No" in the above table) will be free from traces of these allergens due to potential cross contamination that may occur in store or during the external manufacturing process of any ingredient utilised in a product.**

Boost Juice is not a nut or gluten free environment. Whilst we take our greatest care in preparing all products to prevent cross contamination, we do use the same store environment to make all drinks. Boost Juice products may contain traces of cereals containing gluten including wheat, oats, barley and rye and egg, milk, peanuts, sesame, sulphites, soy, sulphites, lupin, almond, brazil nut, cashew, macadamia, pecan, pistachio, walnut and pine nut. Our whey protein does not contain cereals containing gluten. Soy mylk does not contain cereals containing gluten and does not contain milk and lactose. Our frozen yoghurts and frozen coconut cream do not contain cereals containing gluten; however, our Boost sorbet products contain cereals containing gluten – Wheat. Our frozen coconut cream contains soy. Our frozen yoghurts contain milk. Coconut Mylk contains sulphites. † Boosters with this symbol, Whey Protein and ^ Caffeine is not recommended for young children under 15 years, pregnant or lactating women. # At least 10% of your RDI of essential vitamins and minerals. ‡ Contains vitamin A & C necessary for normal immune function as part of a healthy nutritious diet. ° Counts as a maximum of one serve only towards an individual's daily intake of fruits and vegetables. * For original size. Suitable for vegans. Although products marked with this symbol are made using plant-based ingredients, there may be traces of animal products present due to potential cross contamination in store or during the external manufacturing process of the ingredients used in such products. Our kids' collectable cups are 250 mL, and our metal reusable cups are 610mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. Please note that some products may not be available in all stores. The nutrition and allergen information are based on low fat milk for drinks displayed with the low-fat milk or soy option. Wherever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop. For the full ingredients and nutritional information and the most up-to-date ingredient listing please refer to our website https://www.boostjuice.com.au/.

COLLECTABLE SIZE 250ML

FACTS & FIGURES

Important to know on the go

		COLLECTABLE 250 ML									PER 100 ML								
		Energy			Fat		Carbohydrate				Energy			Fat		Carbohydrate			
		Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium	Kilojoules	Calories	Protein	Total	- saturated	Total	- sugars	Dietary fibre, total	Sodium
TROPICAL	Banana Buzz	770 kJ	184 Cal	7.3 g	2.3 g	1.5 g	32.8 g	28.4 g	0.7 g	109 mg	308 kJ	74 Cal	2.9 g	0.9 g	0.6 g	13.1 g	11.4 g	0.3 g	44 mg
TROPICAL	Blue Honolulu	781 kJ	187 Cal	3.6 g	2.0 g	1.3 g	38.4 g	32.3 g	2.0 g	59 mg	312 kJ	75 Cal	1.4 g	0.8 g	0.5 g	15.4 g	12.9 g	0.8 g	23 mg
TROPICAL	Green Tea Mango Mantra†^	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
TROPICAL	Lychee Crush	475 kJ	113 Cal	0.8 g	0.1 g	LESS THAN 0.1 g	27.7 g	25.6 g	0.5 g	7 mg	190 kJ	45 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	11.1 g	10.2 g	0.2 g	3 mg
TROPICAL	Mango & Co	883 kJ	211 Cal	1.3 g	5.9 g	5.3 g	38.0 g	32.1 g	1.9 g	33 mg	353 kJ	84 Cal	0.5 g	2.3 g	2.1 g	15.2 g	12.8 g	0.8 g	13 mg
TROPICAL	Mango Magic	788 kJ	188 Cal	3.6 g	2.2 g	1.4 g	38.1 g	32.7 g	1.3 g	62 mg	315 kJ	75 Cal	1.4 g	0.9 g	0.6 g	15.2 g	13.1 g	0.5 g	25 mg
TROPICAL	Mango Tango Crush	558 kJ	133 Cal	1.2 g	0.2 g	0.1 g	31.4 g	28.2 g	2.2 g	8 mg	228 kJ	54 Cal	0.5 g	0.1 g	LESS THAN 0.1 g	12.5 g	11.4 g	0.9 g	3 mg
TROPICAL	Palm Peach Crush	778 kJ	186 Cal	1.5 g	0.3 g	0.2 g	44.8 g	38.8 g	1.5 g	10 mg	311 kJ	74 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	17.9 g	15.5 g	0.6 g	4 mg
TROPICAL	Passion Mango	770 kJ	184 Cal	3.0 g	1.5 g	1.0 g	39.3 g	34.4 g	2.1 g	42 mg	308 kJ	74 Cal	1.2 g	0.6 g	0.4 g	15.7 g	13.7 g	0.9 g	76 mg
TROPICAL	Tropical Crush	666 kJ	159 Cal	1.4 g	0.3 g	0.1 g	38.2 g	32.9 g	1.3 g	7 mg	266 kJ	64 Cal	0.6 g	0.1 g	LESS THAN 0.1 g	15.3 g	13.2 g	0.5 g	3 mg
TROPICAL	Watermelon Crush	396 kJ	95 Cal	0.9 g	0.3 g	LESS THAN 0.1 g	22.6 g	20.7 g	0.3 g	6 mg	158 kJ	38 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	9.1 g	8.3 g	0.1 g	2 mg
BERRY	Açaí Lychee Crush	700 kJ	167 Cal	1.2 g	1.8 g	0.5 g	35.9 g	33.7 g	0.9 g	14 mg	280 kJ	67 Cal	0.5 g	0.7 g	0.2 g	14.4 g	13.5 g	0.4 g	6 mg
BERRY	All Berry Bang	665 kJ	159 Cal	3.2 g	2.1 g	1.4 g	32.9 g	30.2 g	0.7 g	68 mg	266 kJ	64 Cal	1.3 g	0.9 g	0.6 g	13.2 g	12.1 g	0.3 g	27 mg
BERRY	Berry Crush	489 kJ	117 Cal	0.7 g	0.2 g	LESS THAN 0.1 g	27.0 g	25.8 g	0.8 g	11 mg	196 kJ	47 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	10.8 g	10.3 g	0.3 g	4 mg
BERRY	Pink Paradise	676 kJ	161 Cal	2.9 g	1.8 g	1.2 g	35.6 g	31.9 g	0.8 g	52 mg	270 kJ	65 Cal	1.2 g	0.7 g	0.5 g	14.2 g	12.7 g	0.3 g	21 mg
BERRY	Strawberry Squeeze	596 kJ	142 Cal	2.9 g	1.8 g	1.1 g	29.7 g	26.1 g	0.9 g	54 mg	247 kJ	59 Cal	1.2 g	0.7 g	0.5 g	12.3 g	10.8 g	0.4 g	22 mg
CRAVE	Bananas For Choc	924 kJ	221 Cal	4.9 g	9.1 g	6.4 g	28.9 g	21.4 g	2.4 g	131 mg	370 kJ	88 Cal	2.0 g	3.6 g	2.6 g	11.6 g	8.5 g	1.0 g	52 mg
CRAVE	Coffee Dream^	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
CRAVE	Cookies & Creme	921 kJ	220 Cal	6.9 g	3.6 g	1.9 g	39.8 g	32.6 g	0.6 g	136 mg	368 kJ	88 Cal	2.8 g	1.4 g	0.8 g	15.9 g	13.1 g	0.2 g	54 mg
CRAVE	Honeycomb Heaven	1060 kJ	253 Cal	9.7 g	3.6 g	2.8 g	43.1 g	37.6 g	0.5 g	146 mg	303 kJ	72 Cal	2.8 g	1.0 g	0.8 g	12.3 g	10.7 g	0.2 g	42 mg
CRAVE	King William Chocolate	806 kJ	193 Cal	7.7 g	2.7 g	1.7 g	33.3 g	28.9 g	1.3 g	135 mg	323 kJ	77 Cal	3.1 g	1.1 g	0.7 g	13.3 g	11.6 g	0.5 g	54 mg
CRAVE	Raspberry Ripe	881 kJ	210 Cal	6.9 g	2.9 g	1.8 g	39.8 g	36.5 g	1.9 g	137 mg	352 kJ	84 Cal	2.7 g	1.2 g	0.7 g	15.9 g	14.6 g	0.8 g	55 mg
BREKKIE	Brekkie to Go-Go†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
BREKKIE	Strawbrekkie†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
BREKKIE	Mornin' Mocha†^	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
FRESH JUICES	Energiser †	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
FRESH JUICES	Ginger Zing	298 kJ	71 Cal	1.7 g	0.3 g	LESS THAN 0.1 g	14.6 g	14.3 g	1.2 g	91 mg	119 kJ	28 Cal	0.7 g	0.1 g	LESS THAN 0.1 g	5.9 g	5.7 g	0.5 g	37 mg
FRESH JUICES	Immunity† (vitA&C)	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
FRESH JUICES	Mint Condition	259 kJ	62 Cal	0.8 g	0.1 g	LESS THAN 0.1 g	13.9 g	13.9 g	0.6 g	72 mg	104 kJ	25 Cal	0.3 g	LESS THAN 0.1 g	LESS THAN 0.1 g	5.6 g	5.6 g	0.2 g	29 mg
FRESH JUICES	Melon Moment	333 kJ	80 Cal	0.8 g	0.3 g	LESS THAN 0.1 g	17.7 g	17.3 g	0.8 g	11 mg	133 kJ	32 Cal	0.3 g	0.1 g	LESS THAN 0.1 g	7.1 g	6.9 g	0.3 g	4 mg
FRESH JUICES	Two & Five†°	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Choc Muscle Hustle†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Energy Lift†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Gym Junkie†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Power Plant Protein†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Protein Supreme†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Pure Eden Super Smoothie	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Super Açaí†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
LEVEL UP	Wondermelon†	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

ALLERGENS

V = Vegan
Y = Allergen is present
N = Allergen is not present

		Vegan	Milk	Egg	Cereals containing gluten - Wheat	Cereals containing gluten - Oats	Cereals containing gluten - Rye	Cereals containing gluten - Barley	Lupin	Sesame	Peanut	Soy	Fish	Molluscs	Crustacean	Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pistachio	Walnut	Pine Nut	Sulphites	Caffine	Vegetarian
TROPICAL	Banana Buzz	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Blue Honolulu	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Green Tea Mango Mantra†^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
TROPICAL	Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango & Co	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Magic	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Mango Tango Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Palm Peach Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Passion Mango	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Tropical Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
TROPICAL	Watermelon Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Açaí Lychee Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	All Berry Bang	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Berry Crush	V	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Lychee Charm	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Pink Paradise	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BERRY	Strawberry Squeeze	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Bananas For Choc	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
CRAVE	Coffee Dream^	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
CRAVE	Cookies & Crème	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Honeycomb Heaven	N	Y	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	King William Chocolate	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
CRAVE	Raspberry Ripe	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
BREKKIE	Brekkie to Go-Go†	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
BREKKIE	Strawbrekkie†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BREKKIE	Mornin' Mocha†	N	Y	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Choc Muscle Hustle†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
LEVEL UP	Energy Lift†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
LEVEL UP	Gym Junkie†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Power Plant Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	Y
LEVEL UP	Protein Supreme†	N	Y	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Y
LEVEL UP	Pure Eden Super Smoothie	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
LEVEL UP	Super Açaí†	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
LEVEL UP	Wondermelon†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Energiser†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
FRESH JUICES	Ginger Zing	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Immunity† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
FRESH JUICES	Mint Condition	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Melon Moment	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
FRESH JUICES	Two & Five†°	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	All Greens	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Energiser^†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Immunity^† (vit A & C)	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Plant Based Protein†	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Protein†	N	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Superfruit	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Vita†#	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Blue Spirulina *(n/a as a booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
BOOSTERS	Green Tea^ *(n/a as a Booster)*	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y
BOOSTERS	Chia Seeds	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Almond Mylk	V	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Coconut Water	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Extra Fruit & Veg	V	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Oat Mylk	V	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y
ADD ONS	Soy Mylk	V	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y

***If you have an allergy to a specific product, please alert your Boost store, and Boost will endeavour to provide an allergen-free product for you. Boost however, cannot guarantee that any products (including those marked "N" for "No" in the above table) will be free from traces of these allergens due to potential cross contamination that may occur in store or during the external manufacturing process of any ingredient utilised in a product.**

Boost Juice is not a nut or gluten free environment. Whilst we take our greatest care in preparing all products to prevent cross contamination, we do use the same store environment to make all drinks. Boost Juice products may contain traces of cereals containing gluten including wheat, oats, barley and rye and egg, milk, peanuts, sesame, sulphites, soy, sulphites, lupin, almond, brazil nut, cashew, macadamia, pecan, pistachio, walnut and pine nut. Our whey protein does not contain cereals containing gluten. Soy mylk does not contain cereals containing gluten and does not contain milk and lactose. Our frozen yoghurts and frozen coconut cream do not contain cereals containing gluten; however, our Boost sorbet products contain cereals containing gluten – Wheat. Our frozen coconut cream contains soy. Our frozen yoghurts contain milk. Coconut Mylk contains sulphites. † Boosters with this symbol, Whey Protein and ^ Caffeine is not recommended for young children under 15 years, pregnant or lactating women. # At least 10% of your RDI of essential vitamins and minerals. ‡ Contains vitamin A & C necessary for normal immune function as part of a healthy nutritious diet. ° Counts as a maximum of one serve only towards an individual's daily intake of fruits and vegetables. * For original size. Suitable for vegans. Although products marked with this symbol are made using plant-based ingredients, there may be traces of animal products present due to potential cross contamination in store or during the external manufacturing process of the ingredients used in such products. Our kids' collectable cups are 250 mL, and our metal reusable cups are 610mL. Fruit changes with the seasons, and as most of our products are made fresh, the nutritional profile and flavour can vary. Please note that some products may not be available in all stores. The nutrition and allergen information are based on low fat milk for drinks displayed with the low-fat milk or soy option. Wherever changes in nutrition information and recipes occur, we'll do our very best to keep you in the loop. For the full ingredients and nutritional information and the most up-to-date ingredient listing please refer to our website https://www.boostjuice.com.au/.